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22 AUG 2017

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**Republika ng Pilipinas**  
*(Republic of the Philippines)*  
**KAGAWARAN NG EDUKASYON**  
*(DEPARTMENT OF EDUCATION)*  
**PAMBANSANG PUNONG REHIYON**  
*(NATIONAL CAPITAL REGION)*  
Daang Misamis, Bago Bantay, Lungsod Quezon  
*(Misamis St., Bago Bantay, Quezon City)*

**MEMORANDUM**

**TO :** SCHOOLS DIVISION SUPERINTENDENTS

**FROM :** *[Signature]*  
PONCIANO A. MENGUITO  
Director IV

**SUBJECT :** CHANGES IN THE 2018 PALARONG PAMBANSA  
SPORTS AND NATIONAL SCREENING AND  
ACCREDITATION GUIDELINES

**DATE :** AUGUST 14, 2017

1. Enclosed is Unnumbered DepEd Memorandum entitled "Amendment of Documentary Requirements under Nos. 4 and 8, paragraph C, III, enclosure No 2 (Guidelines and Procedure in the Screening and Accreditation of Athletes, Coaches and Chaperones). DepEd Order No. 43, s. 2016"
2. Attached also are some of the changes in the guidelines of the following sports events: Boxing, Wrestling, Basketball Secondary Boys and Girls, Taekwondo and Pencak Silat.
3. All changes will be applied during the Regional Athletic Meet (SY 2018-2019)
4. For your reference and guidance.

Reference: Copies issued during the Post Palarong Pambansa Conference held at Lingayen, Pangasinan on August 2-5, 2017 (BLSS- School Sports)

*Work toward excellence... play to win!*

To All Concerned:

November 17, 2017

*For your information, guidance and appropriate action.*

*[Signature]*  
ELIAS A. ALICAYA, JR. Ed.D.  
f OIC, Schools Division Superintendent  
CHERRYLOU D. DE MESA  
OIC, Schools Division Superintendent



**Republika ng Pilipinas**  
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**PAMBANSANG PUNONG REHIYON**  
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 Daang Misamis, Bago Bantay, Lungsod Quezon  
 (Misamis St., Bago Bantay, Quezon City)

*Manibiza* 8

Department of Education  
 National Capital Region  
 RECORDS AND PUBLICATION UNIT

**RELEASED**

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**DATE :** AUGUST 14, 2017

By: *[Signature]*  
 Date: 22 AUG 2017 Time: \_\_\_\_\_

DIVISION OFFICE SCHOOLS  
 MARIKINA  
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 RECORDS UNIT 243

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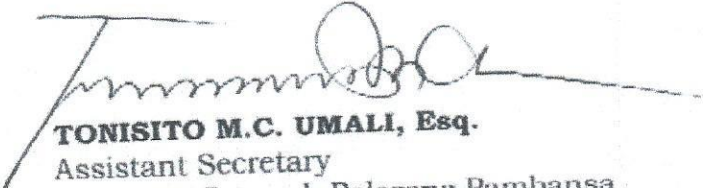
Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
DepEd Complex, Meralco Avenue, Pasig City, Philippines

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**PALARONG PAMBANSA MEMORANDUM**  
No. \_\_\_\_\_, 2017

18  
AUG 2017  
Time: \_\_\_\_\_

**FOR :** DepEd ARMM Secretary  
Regional Directors  
Schools Division Superintendents Public and Private  
Elementary and Secondary Schools  
All other Concerned

**FROM :**   
**TONISITO M.C. UMALI, Esq.**  
Assistant Secretary  
Secretary General, Palarong Pambansa

**SUBJECT :** Amendment of documentary requirements under Nos. 4 and 8, paragraph C, III, enclosure No. 2, (*Guidelines and Procedure in the Screening and Accreditation of Athletes, Coaches And Chaperones*), DepEd Order No. 43, s. 2016.

**DATE :** August 3, 2017

Rule II, Section 8 (a) and (b) of the Palarong Pambansa Law Implementing Rules and Regulations (IRR) mandates the Palarong Pambansa Board "to formulate policies and guidelines that shall govern the conduct of Palarong Pambansa" as well as "to review and update regularly the rules and regulations of the sports included in the Palarong Pambansa in accordance with international standards."

Section 9 of the same Rule, on the other hand, authorizes the Palarong Pambansa Secretary General to "implement, coordinate and monitor the policies and plans formulated by the Board."

In compliance with the abovementioned provisions, and to address various issues and concerns that had been raised during the 2017 Post Palarong Pambansa conference, held at President's Hotel, Lingayen, Pangasinan, relative to the difficulties encountered by the delegations in complying the educational and SSS requirements of the coaches and assistant coaches in public and private elementary and secondary schools as provided under Nos. 4 and 8, paragraph C, III, enclosure No. 2, (*Guidelines and Procedure in the Screening and Accreditation of Athletes, Coaches And Chaperones*), DepEd Order No. No.43, s.2016, which read: *Certificate or*

any document(s), issued by competent authorities, showing the following eligibility, membership and experience of Coaches and Assistant Coaches:

"(1.) Educational and professional background of at least K to 12 Sports Track completer or 2<sup>nd</sup> year college sports related course;"

X X X  
X X X

"(8.) Competence, integrity, capability, and relation to school (i.e. Employment Appointment Paper or Contract of Service showing at least one (1) year employment prior to the Palaro, and certification of SSS contributions) for accountability."

Thus, for purposes of the Division, Regional and Palarong Pambansa, the provisions under Nos. 4 and 8, paragraph C, III, enclosure No. 2, (Guidelines and Procedure in the Screening and Accreditation of Athletes, Coaches And Chaperones), DepEd Order No. No. 43, s. 2016 are hereby amended to read as follows:

**"4.) Related educational or sports background;**

X X X  
X X X

**8.) Notarized Certificate of Employment and Contract of Service showing at least six (6) months of employment prior to the Division Palaro."**

Any rules, issuances inconsistent with these amendments are hereby repealed.

For strict compliance.

*Handwritten signature/initials*

## Taekwondo

Group	Height	Birthdate
<b>For Palarong Pambansa</b>		
Group 1	Over 144 cm to 152 cm	On or after Jan. 1, 2005
Group 2	Over 152 cm to 160 cm	On or after Jan 1, 2005
Group 3	Over 160 cm	On or after Jan 1, 2005
<b>For Regional Meet and other lower meets</b>		
Group 1	Over 144 cm to 150 cm	On or after Jan. 1, 2005
Group 2	Over 150 cm to 158 cm	On or after Jan 1, 2005
Group 3	Over 158 cm	On or after Jan 1, 2005

DePED



# PROPOSED TAEKWONDO COMPETITION GROUND RULES (FOR DEPED COMPETITIONS)

## I. KYORUGI (Sparring) EVENT

### A. CATEGORIES FOR ELEMENTARY BOYS AND GIRLS:

#### 1. ELEMENTARY BOYS and ELEMENTARY GIRLS

##### *FOR PALARONG PAMBANSA*

	<u>Height</u>	<u>Birthdate</u>
Group 1	Over 144 cm to 152 cm.	On or after January 1, 2005
Group 2	Over 152 cm to 160 cm.	On or after January 1, 2005
Group 3	Over 160 cm.	On or after January 1, 2005

##### *FOR REGIONAL COMPETITIONS AND OTHER LOWER LEVEL MEETS*

Group 1	Over 144 cm to 150 cm	on or after January 1, 2005
Group 2	Over 152 cm to 158 cm	on or after January 1, 2005
Group 3	Over 160 cm	on or after January 1, 2005

#### NOTE:

Height measurements are being adjusted to avoid future disqualification in the palarong pambansa

#### 1. SECONDARY BOYS

Finweight	Not exceeding 45 kg.
Flyweight	Over 45 kg. & not exceeding 48 kg.
Bantamweight	Over 48 kg. & not exceeding 51 kg.
Featherweight	Over 51 kg. & not exceeding 55 kg.
Lightweight	Over 55 kg. & not exceeding 59 kg.
Welterweight	Over 59 kg. & not exceeding 63 kg.
Open weight	Over 63 kg

#### 2. SECONDARY GIRLS

Finweight	Not exceeding 42 kg.
Flyweight	Over 42 kg. & not exceeding 44 kg.
Bantamweight	Over 44 kg. & not exceeding 46 kg.
Featherweight	Over 46 kg. & not exceeding 49 kg.
Lightweight	Over 49 kg. & not exceeding 52 kg.
Welterweight	Over 52 kg. & not exceeding 55 kg.
Open weight	Over 55 kg.

## **II. POOMSAE (Forms) EVENT**

**Poomsae (forms) competition is another event in taekwondo competitions which requires different skill level. As such, players for poomsae must not be coming from Kyorugi participants.**

**There shall be 3 contestant for elementary boys, 3 contestant for elementary girls and 3 contestant for secondary boys, 3 contestant for secondary girls**

### **1. INDIVIDUAL POOMSAE EVENT**

- a. Elementary Boys category A (128 cm-144 cm)
- b. Elementary Boys category B (over 144 cm)
- c. Elementary Girls category A (128 cm - 144 cm)
- d. Elementary Girls category B (over 144 cm)

### **2. TEAM POOMSAE EVENT**

- a. Elementary boys team - composed of 3 participants
- b. Elementary girls team - composed of 3 participants

### **3. MIXED PAIR POOMSAE EVENT**

Composed of 2 participant (1 from elementary boys and 1 from elementary girls)

## **B. CATEGORIES FOR SECONDARY BOYS AND GIRLS**

### **1. INDIVIDUAL POOMSAE EVENT**

- a. Secondary Boys Category A (below 59 kg)
- b. Secondary Boys Category B. (over 59 kg)
- c. Secondary Girls Category A (below 52 kg)
- d. Secondary Girls Category B (over 52 kg)

### **2. TEAM POOMSAE EVENT**

- a. Secondary boys Team- composed of 3 players
- b. Secondary girls team - composed of 3 players

### **3. MIXED PAIR POOMSAE EVENT**

Composed of 2 participant, one (1) contestant from secondary boys and 1 (one) from secondary girls

## **C. TABLE OF REQUIRED POOMSAE TO BE PERFORMED PER CATEGORY**

**FOR ELEMENTARY (TAEGUK 4, 5, 6, 7, 8, KORYO, KEUMGANG).**

**FOR SECONDARY (TAEGUK 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK)**

# PENCAKSILAT

## Palarong Pambansa 2017

### I. Competition Rules

International Pencak Silat Federation or (PERSILAT) rules of competition will be adopted in the conduct of tournament.

International Pencak Silat Competitions are performed in principles of brotherhood and knightly feelings by using elements of self defense, arts and Pencak Silat sports and by honoring IKRAR PESILAT (PESILAT PLEDGE) highly.

The competitions are carried out in accordance with the category rules regulated in the competition regulations and conducted by legal technical official of competitions

Pencak Silat competition categories consist of

- A. TANDING (Match) category
- B. TUNGGAL (Single) category
- C. GANDA (Double) category

In order to perform the Pencak Silat competitions as well as possible conformed to their purposes and objectives, the Regulations of the Pencak Silat Competitions are established as follows:

### II. Events (Artistic 12-17 yr old)

**Secondary:** Competition of TEENAGERS groups for Boys and Girls aged over 12 until 17 years:

#### A. Tanding:

**Boys (12-17 yr. old)**

Class A 42 kg up to 45 kg

Class D over 45 kg up to 48kg

**Girls (12-17 yr. old)**

Class A 42 kg up to 45 kg

Class D over 45 kg up to 48 kg

B. Tunggal- Individual with weapon

Tunggal- Individual with weapon

C. Ganda-Double Cinematic Performance Ganda-Double Cinematic Performance