



REGIONAL OFFICE
Department of Education
REGION IV-A CALABARZON
Gate 2 Karangalan Village
1900 Cainta, Rizal

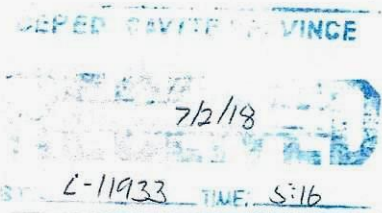


TO : ALL SCHOOLS DIVISION SUPERINTENDENTS

FROM : DIOSDADO M. SAN ANTONIO
Director

SUBJECT : 2018 NUTRITION MONTH CELEBRATION

DATE : June 29, 2018



1. Nutrition Month is celebrated every July by virtue of section 7 of the Presidential Decree No. 491 or the "Nutrition Act of the Philippines, 25 June 1974" which aims to increase awareness on the importance of proper nutrition.
2. This year's theme is **"UGALIING MAGTANIM, SAPAT NA NUTRISYON AANIHINI!"** to promote backyard gardening to address food security and to promote consumption of fruits and vegetables.
3. According to the Food and Agriculture Organization of the United Nations gardening can enhance household food security by providing direct access to a variety of nutritionally-rich foods; increase purchasing power from saving food bills and income from sales of garden products and fall-back food provision during seasonal lean periods. The promotion of the establishment of and maintenance of family food gardens will contribute to improving diets of Filipinos as well as food security.
4. In support of this endeavor, all schools are enjoined to participate in the celebration by conducting meaningful activities which will highlight the importance of gardening in schools and in the households that will improve nutritional status and diets of Filipinos and improve food security.
5. Attached is the list of suggested activities during Nutrition Month in schools.
6. Immediate and widest dissemination of this memorandum is desired.

Trunk Line: (02) 682-5773, 647-4914, 647-7487

TO: All Concerned

July 5, 2018

For information and guidance of all concerned.

CHERRYLOU D. REPIA
Schools Division Superintendent



Republic of the Philippines
Department of Education
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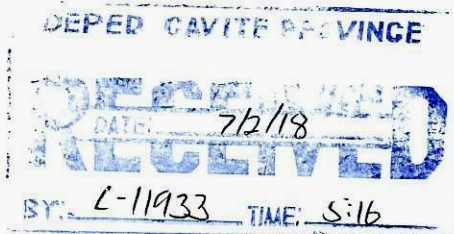


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Trunk Line: (02) 682-5773/647-4914 /647-7487
Fax: (02) 682-2114
Website: depedcalabarzon.ph
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LIST OF SUGGESTED ACTIVITIES DURING NUTRITION MONTH IN SCHOOLS

1. Launching program during the flag raising ceremony
2. Putting up streamers (Download official Logo from DOH-NNC at <https://tinyurl.com/2018NutritionMonthLogo>)
3. Featuring Nutrition articles and information on bulletin boards
4. Essay writing
5. Poster making
6. Short lecture on gardening and consumption of vegetables during feeding
7. School-wide planting of vegetables in school gardens