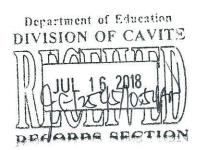
July 16, 2018

MS. CHERRYLOU D. DE MESA

Schools Division Superintendent Province of Cavite

Dear Ms. De Mesa:

Greetings!



The Southern Tagalog Group of Psychiatrists, Inc. (STGP) in partnership with Philippine Mental Health Association Lipa-Batangas Chapter will be holding its 19<sup>th</sup> Post Graduate Course entitled "Youth and their Mental Health in the Changing Times" at Tagaytay International Convention Center, Tagaytay City, on September 14, 2018 (Friday) from 8:00 to 12:00nn.

In the recent years, the world seems to have gone through a fast evolution with which people are compelled to keep pace. Through this activity, we aim to discuss how the changing times have affected the psyche and mental health of the youth in this generation. It will likewise, enumerate strategies on how to prevent and/or address the possible mental health problems that may have stemmed from this global change.

In this regard, may we request for your endorsement to invite the teachers and guidance counselors to attend the said activity. Registration fees are as follows:

Pre-Registration Fee

P350.00

On-Site Registration Fee

P400.00

Deadline of Pre-Registration is until August 31, 2018 (Friday). Payment can be made through our Metrobank B. Morada Branch Account Name: PMHA Lipa-Batangas Chapter, Account No.: 145-700-846058-9. Please send your deposit slip through telefax at (043) 756-6958 or email at pmha\_lipa@yahoo.com to confirm your registration. You can also send in your payment directly to our office. Please note that this is not a CPD accredited activity. However, you may present your certificate to PRC as proof of "Self-Directed Learning" or "Lifelong Learning" upon renewal of your professional license as per PRC Resolution 2013-774 S of 2013, Art. 1, Sec. 4.

Should you have any inquiries, please call our office at (043) 756-6958 or 09293358927 and look for Ms. Imei or Ms. Flor or email us at pmha\_lipa@yahoo.com.

We look forward to your participation in this informative event.

Sincerely yours,

DULCE TERESA MENDOZA-PLATON, DPBP, FPPA, FPNA

President, STGP 2018