

# Department of Education

## **REGION IV-A**

#### SCHOOLS DIVISION OFFICE OF CAVITE PROVINCE

March 18, 2021

DIVISION MEMORANDUM NO. 104, s. 2021

To: OIC, Assistant Schools Division Superintendents

Chief, School Governance and Operations Division

Chief, Curriculum Implementation Division

**Education Program Supervisors** 

Public Schools District Supervisors

Public Elementary and Secondary School Heads

Division Federated Supreme Pupil and Student Government Officers and

Advisers

All Supreme Pupil and Student Government Officers and Advisers

All Concerned

#### YOUTH ONLINE UGNAYAN (YOU) MATTER

- 1. Pursuant to **Republic Act 11036** otherwise known as Mental Health Act and in promotion of the Child Protection Policy and **DepEd Order No. 14 s. 2020** or the Guidelines on the Required Health Standards in Basic Education Offices and Schools, the Department reiterates that the protection and promotion of the mental health and general welfare of all learners and personnel must be prioritized.
- 2. In line with this, the Schools Division Office of Cavite Province, through the collaboration of Medical Unit, Youth Formation and Development Unit, DRRM Section and Cavite Guidance Personnel Association will spearhead series of webinars under the project/program "Youth Online Ugnayan (YOU) Matter" on March 26, April 23, and May 14, 2021 which is geared towards the promotion of mental health and wellbeing and addressing mental health concerns across the academic populace.
- 3. The objective of the program is to encourage, motivate and inspire students towards mental health wellness despite the crisis situation, and it specifically aims to:
  - Assist students, understand the significance of one's decisions and actions on one's life and others;
  - Identify vulnerable students for proper referral, additional social, emotional, and psychological support;
  - Increase awareness in promoting help seeking behaviors and emotional well-being practices among students, and;
  - Impart knowledge regarding the importance of proper nutrition to one's health.



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#### REGION IV-A SCHOOLS DIVISION OFFICE OF CAVITE PROVINCE

- All public secondary learners are encouraged to join this online activity that will be conducted through Streamyard and will be live streamed through DepEd Tayo Cavite Province Facebook page on the above mentioned dates from 9:00 a.m. to 11:00 a.m.
- 5. To confirm attendance, participants may register at <a href="bit.ly/3c4TZOT">bit.ly/3c4TZOT</a>.
- 6. Attached are the program matrix and parental consent form.
- 7. Inquiries and clarifications may be communicated to DepEd Cavite Youth Formation Section thru numbers 0956-652-9324/0935-877-8034/0995-920-1044 or email address at depedcavite.yfd@deped.gov.ph.
- 8. Immediate and widest dissemination of this Memorandum is hereby directed.

ROMMEL C. BAUTISTA, CESO V Schools Division Superintendent

NIPL/ DM No. 104, s. 2021 032221-001/ 3/18/2021





🙎 Cavite Capitol Compound, Brgy. Luciano, Trece Martires City, Cavite

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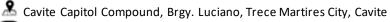
### SCHOOLS DIVISION OFFICE OF CAVITE PROVINCE

Attachment 1 to Division Memorandum No. \_\_\_\_, s. 2021 YOUTH ONLINE UGNAYAN (YOU) MATTER

#### PROGRAM MATRIX

D-4-//D:	PROGRAM MA			
Date/ Time	Topic/ Activity	Resource Person/ Facilitator		
UNAWA: Search Inside Yourself				
0.00.0.10	March 26, 2021			
9:00-9:10	Preliminaries	PMT		
	National Anthem			
	Ecumenical Prayer			
	Cavite Hymn			
0.10.0.15	Pledge of Allegiance	DANDYD DUNGALAN		
9:10-9:15	Opening Message	RANDY D. PUNZALAN		
		Assistant Schools Division		
0.15 0.00	To a minoting of Manager	Superintendent		
9:15-9:20	Inspirational Message	ROMMEL C. BAUTISTA, CESO V		
0.00 0.55	0.16	Schools Division Superintendent		
9:20-9:55	Self-awareness	MICHAEL GIRARD R. ALBA		
		Chief, Field Technical Assistance Division		
		DepEd CALABARZON		
		Deplet CALABARZON		
		WILBERT ULPINDO		
		Regional DRRM Coordinator		
		DepEd CALABARZON		
		T		
		ALBERTO C. COLASITO		
		Regional Youth Formation		
		Coordinator		
		DepEd CALABARZON		
9:55-10:30	Validating and Normalizing	MICHAEL GIRARD R. ALBA		
	Feelings	Chief, Field Technical Assistance		
		Division		
		DepEd CALABARZON		
		WILL DEDWILL DINE		
		WILBERT ULPINDO		
		Regional DRRM Coordinator		
		DepEd CALABARZON		
		ALBERTO C. COLASITO		
		Regional Youth Formation		
		Coordinator		
		DepEd CALABARZON		
10:30 -10:50	OPEN FORUM	PMT		
10.00				





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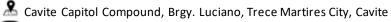
# Department of Education

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### SCHOOLS DIVISION OFFICE OF CAVITE PROVINCE

	SCHOOLS DIVISION OFFICE (			
10:50 -11:00	Closing Program Accomplishment of Evaluation Form	PMT		
	Closing Remarks	DIANA P. TOPACIO Chief, SGOD		
	TAPIK: Build the pause-and	,		
	April 23, 2021			
9:00-9:10	Preliminaries	PMT		
J.00-J.10	National Anthem	1 1/11		
	Ecumenical Prayer			
	Cavite Hymn			
	Pledge of Allegiance			
9:10-9:15	Opening Message	GALILEO L. GO		
		Assistant Schools Division		
		Superintendent		
9:15-9:20	Inspirational Message	ROMMEL C. BAUTISTA, CESO V		
		Schools Division Superintendent		
9:20-9:55	Calming down and	MAE HERNANDEZ		
3.20 3.00	Controlling one's emotions	Guidance Designate/Teacher III		
		Alfonso Central School		
9:55-10:30	Linking: Identifying and	MAE HERNANDEZ		
9.55-10.50	addressing needs	Guidance Designate/Teacher III		
	addressing needs			
10.20 10.50	ODEN DODIN	Alfonso Central School		
10:30 -10:50	OPEN FORUM	PMT		
10:50 -11:00	Closing Program Accomplishment of	PMT		
	Evaluation Form			
	Closing Remarks	DIANA P. TOPACIO		
		Chief, SGOD		
	AKBAY: Be Gentle with your Mind May 14, 2021 (Friday)			
9:00-9:10	Preliminaries	PMT		
	National Anthem			
	Ecumenical Prayer			
	Cavite Hymn			
0.10 0.15	Pledge of Allegiance	DANDYD DUNGALAN		
9:10-9:15	Opening Message	RANDY D. PUNZALAN		
		Assistant Schools Division		
		Superintendent		





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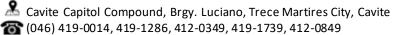
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### SCHOOLS DIVISION OFFICE OF CAVITE PROVINCE

	SCHOOLS DIVISION OFFICE (	OF CAVITE PROVINCE
9:15-9:20	Inspirational Message	ROMMEL C. BAUTISTA, CESO V
		Schools Division Superintendent
9:20-9:55	Sources of Strength	RANDY D. PUNZALAN
		Assistant Schools Division
		Superintendent
		DepEd Cavite
9:55-10:30	Proper Nutrition	NEIL B. EVANGELISTA
		Nutritionist Dietitian II / Regional
		Youth Formation Coordinator
		DepEd CALABARZON
10:30 -10:50	OPEN FORUM	PMT
10:50 -11:00	Closing Program	
10.30 -11.00	Accomplishment of	РМТ
	<u> </u>	1 1/1 1
	Evaluation Form	
	Closing Remarks	DIANA P. TOPACIO
	Closing Remarks	Chief, SGOD
		Cilici, SGOD











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### SCHOOLS DIVISION OFFICE OF CAVITE PROVINCE

Attachment 2 to Division Memorandum No. \_\_\_\_, s. 2021 YOUTH ONLINE UGNAYAN (YOU) MATTER

#### PARENTAL CONSENT FORM

I,(Name of Parent/Guardia	, as a parent/guardian allows
and support my son/ daughter	to the best of my
ability as he/she participates on the " <b>Yo</b> " <b>Webinars"</b> which is scheduled on March 26, Ar 11:00 a.m. via Live Streaming in DepEd Tayo C	pril 23, and May 14, 2021, 9:00 a.m. to
I am hereby giving my consent assistance/guidanceduring the conduct of the	and willingness to give him/her my said webinar.
	Parent's Signature over Printed Name
	Date





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